



24 POSTURE By Li Deyin

1. Opening
2. Wild Horse Parts It's Mane X3
3. White Crane
4. Brush Knee Twisting Step X3
5. Hand Strums Lute
6. Repulse Monkey X4
7. Grasp Bird's Tail (L, R)
8. Single Whip
9. Cloud Hands X3
10. Single Whip
11. High Pat on Horse
12. Thread
13. Separating Heel Kick (R)
14. Strike Ears with Fists – Turn
15. Separating Heel Kick (L)
16. Snake Creeps Down to Golden Rooster (L)
17. Snake Creeps Down to Golden Rooster (R)
18. Fair Lady Works Shuttles X2
19. Needle to Sea Bottom
20. Fan Through Back
21. Deflect, Intercept, Punch
22. Apparent Closure
23. Crossing Hands
24. Closing